

## **DOG FOOD GUIDELINES**

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Deciding what to feed your dog can be complicated because many factors must be considered including food ingredients, age, activity level, general health, weight, and what you can afford.

Some dogs are sensitive to specific proteins and grains. However, many quality dog foods offer a variety of formulas that your dog can tolerate and benefit from.

RAGOM recommends a food high in protein; however, we do not recommend a specific brand. Please talk to your vet, and research, to learn more about dog food quality and ingredients.

## **GENERAL DOG FOOD GUIDELINES**

## Grains

- A small percentage of dogs are allergic to grains such as wheat, corn, and soy products.
- Rice, barley, and oats are generally well tolerated.
- Ongoing research explores the link between dilated cardiomyopathy (DCM) and the use of certain ingredients (e.g., legumes, peas, potatoes) instead of grains. Please talk to your vet to learn more.

## **Proteins**

- There are several great protein sources, including plants. Ensure the ingredients listed include a specific source rather than a generic source; for example, "chicken" and not "poultry," "beef" and not "meat," or "salmon" and not "fish."
- Protein meats should be among the first ingredients; multiple sources are best (beef meal, lamb meal, etc.).